

NEWSLETTER

Edition 1 – Spring 2009



Welcome

Welcome to RRC Middle East's newsletter, the first of what will be a quarterly publication bringing you health, safety and environmental news from around the Gulf as well as featuring all that is happening at RRC Middle East. This first edition is all about what is new at RRC and there is so much that is - new products, new staff and a completely new look to RRC Middle East to coincide with the launch of our new website, and our training and corporate services brochures. We hope you will find something to interest you in the newsletter.

Hasan Alaradi MSc
DipSM CMIOSH
MIIRSM
MD RRC Middle East

New Blended Learning Products NEBOSH International Certificate & Diploma

2009 sees the launch of two important new products for RRC – blended learning study options of the NEBOSH International Certificate, and the International Diploma – we think these will prove a real hit with students. What really makes these stand out from our competitor's products is the mix of face-to-face classroom study with e-Learning, giving you the very best of both worlds:

- **Flexibility to start the course when you want to**
- **The option to study whenever it suits you**
- **Short intensive classroom time that gives you contact with other students and important tutor guidance and support**
- **Avoidance of long periods out of the workplace**
- **The very real benefit of keeping your fees really low!**

New RRC Staff



We welcomed Sumaya Ibrahim as RRC Middle East Course Coordinator and Consultant/Tutor in December 2008. She joins us from Schlumberger Oil Field Services, the company she began her career with after graduating from Sudan's Omdurman Al-Ahlaya University in 1996 with a BSc in Environmental Science.

Within a year of her appointment at Schlumberger Sudan, Sumaya was promoted to QHSE Supervisor and Environmental Specialist covering the 5 Schlumberger sites in Sudan. Later on, in line with company policy she was seconded to other locations including Egypt, Syria and finally Bahrain.

Discussing her move to RRC, Sumaya said "I was looking for an opportunity to develop a career in training and was delighted to get the opportunity to join RRC Middle East in 2008. My initial role within the company will be to offer environmental consultancy and training including delivery of the IOSH Managing Environmental Responsibilities Certificate."

Sumaya lists her hobbies as international travel and listening to Latino and Arabian Aoud music.

Forthcoming Courses: April – June 2009

Accredited Courses

Course	Study Days	April	May	June
NEBOSH International Certificate - Block	10 + exams	✓	✓	
NEBOSH International Certificate - Evenings	20 evenings + exams		✓	
NEBOSH International Certificate - Blended	2 + exams		✓	
NEBOSH Construction Certificate - Block	15 + exams			✓
NEBOSH Fire & Risk Management Certificate - Block	10 + exams			✓
NEBOSH International Diploma - Blended	15 + exams		✓	
IOSH Working Safely	1		✓	
IOSH Managing Safely	5	✓		
IOSH Managing Environmental Responsibilities	5		✓	

Short Courses

Course	Study Days	April	May	June
Safety Practitioner	5		✓	
Advanced Risk Assessment	4	✓		
Fire Risk Assessment	4		✓	
Construction Safety	4	✓		
Accident Investigation	2			✓
Office Safety	1	✓		
Working at Heights	1		✓	
First Aid Basic	1			✓
First Aid Advanced	1	✓		
Bahrain H&S Legislation Summary	1		✓	

New Look for RRC Middle East

The new RRC Middle East branding has been designed to reflect the exceptional quality of our products and services, arguably the leaders in the Gulf for public training as well as in-company tailored training and consultancy services. If you would like a copy of our new Training Brochure or Corporate Services Brochure, please contact us at the address below.



Client Feature

Oman India Fertiliser Company (OMIFCO) Appoint RRC Middle East to Deliver RRC's 3-Stage Key2Safety Programme



OMIFCO's Safety Manager, Mr Mohammed Masrori a former RRC student on the NEBOSH International Certificate in Bahrain has engaged RRC to deliver their tried and tested 3-stage, Key2Safety programme at the OMIFCO plant in Oman.

The safety training programme builds from a basic introduction to safety, through an intermediate level to the third and final, advanced level safety course. Discussing why they choose the Key2Safety programme, Mohammed indicated that it was chosen because its content matched their requirement to ensure that all employees had a good safety understanding including the moral, legal and economic reasons for managing safety and the causes of accidents and incidents in the workplace. Other considerations in appointing RRC were that the trainer's style and method of training was well liked by the delegates and the RRC proposal was competitively priced.

The programme started in June 2008 with 60 OMIFCO employees trained in three groups over two weeks to Key2Safety level 1. A further 60 were trained at this basic safety level in January this year and a smaller group of 40 went on to the intermediate level in February 2009. The company hope to train a further 200 employees at levels 1 and 2 this year and ultimately all employees will complete level 1 with a selection going on to level 2 and 3 depending on their safety roles within the organisation.

Qatar Aluminium Company



Qatar Aluminium will be the first aluminium smelting plant in Qatar when its construction is completed later in 2009. The management of site safety is critical in a massive construction project like this and RRC was asked to deliver the NEBOSH International Certificate in Safety and Health to the company's 12 Field Safety Officers

in a way that would minimise their time away from work.

RRC have been delighted to work with Qatar Aluminium on this project and have devised a programme that includes weekend and short weekday training sessions to achieve the required objective. The course has also been delivered over a 3-month period to minimise disruption and accommodate the company's hectic work schedule.

RRC Student Hall of Fame

The last two NEBOSH International Certificate courses in 2008 achieved outstanding results – the October course had a pass rate of 89% and the December course achieved a pass rate of 82% - confirming RRC Middle East as one of the leading international centres for this award.

Whilst all those students who passed did extremely well, particular congratulations go to those students who achieved either a credit or distinction in the exams:

December 2008 IGC Course

Distinctions: Araifi Al Thamer, Yisheng Zhu, Augustine Obinwa, Empuerto Jury.

Credits: Cosmas Offurum, Joshua Grantham, Ramanathan Muthukumar.

October 2008 IGC Course

Distinctions: Niyaz Ahmed Khan.

Credits: Mehdi Chaouch, Rosuelo Nerves, M. Krishnamorthy.

A few delegate comments from our December IGC course...



Thank you for the quality of training during the NEBOSH IGC course and please pass on my thanks to every one of your staff for their level of commitment and dedication, which enhanced the smooth running of the course.

Cosmas Offurum, Nigeria



The RRC training course I attended was well designed and good preparation for all trainees. The lectures and presentations were wonderful and perfectly delivered; Mr. Hasan is obviously an experienced safety professional and skilled at providing instruction. Not only have we learned a great deal, but also made friends and we now know how to do our job well from what we have learned. I will report everything to our company manager and suggest sending another safety person to attend RRC training ASAP. Thanks again Mr. Hasan.

Yisheng Zhu, China



The training was professionally delivered by the tutor. He was very helpful, courteous and has an uncanny knack for handling each individual in the group as a person taking into account their ability, language difficulties and personalities. His "mind maps" were important tools for passing on key knowledge and memorizing difficult interconnecting processes. The training was made easier, was exciting and certainly never boring. All the RRC staff were helpful, the lecture halls were clean, comfortable and conducive to learning. It was a lovely experience and learning has never been this easy and fun.

Augustine Obinwa, Nigeria



At the start of the course we were afraid and discouraged by the hardness of the NEBOSH course but day-by-day by Mr. Hassan's helpful attitude, friendly way of teaching, encouragement and new teaching techniques gave us so much more confidence that at the end of the course it became a piece of cake. His hard work really made it so easy for us. I really salute his great efforts and hard work. Thanks so much Mr. Hassan, really indeed from the depth of my heart.

Suhail Mudassar, Pakistan