



RRC Middle East
Is ISO 9001:2008
Certified

RRC Middle East W.L.L - Dubai

Course schedule 2012



RRCmiddle east
training and consultancy

Course	No. of hrs	Fees Dubai AED	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
NEBOSH Courses														
NEBOSH International Diploma – Blended course	120	25.000			UA: 18-22						UB 23-27			
NEBOSH International General Certificate in Occupational Safety and Health	80	6.800	IGC1: 22-26 IGC2:29.1-2.2 Exam 6-7.2		IGC1: 4-8 IGC2: 11-15 Exam 18-19	IGC1:22-26 IGC2:29.4-3.5 Exam 6.5-7.5	IGC1:20-24 IGC2:27-31 Exam 3.6-4.6	IGC1:10-14 IGC2:17-21 Exam 24-25	IGC1:22-26 IGC2:29.7-2.8 Exam 5.6-6.6		IGC1:2-6 IGC2:9-13 Exam 16-17	IGC1:7-11 IGC2:14-18 Exam 21-22		
NEBOSH International General Certificate in Occupational Safety and Health - Fridays		Blended 4,400 EL - 4,000			2,9,16, 23,30	2,9,16, 23,30	4 Exam 13-14			24, 31	7,14,21,28	5, 12,19	2 Exam 11-12	
NEBOSH International Certificate – blended course	16	12.000		1-2	7-8	4-5	2-3	27-28			5-6	17-18	7-8	
NEBOSH Fire Safety & Risk Management	86	8.000	6-19 Exam: 20-21				2-7					21.10-1.11 Exam 4.11-5.11		
NEBOSH Construction Certificate	120	4.800	6-26 Exam: 20-21											9-27 Exam 30-31
NEBOSH Certificate in Environmental Management	40	4,800	22-26 Exam: 29		18-22 Exam 25				1-5 Exam 8		16-20 Exam 23	7-11 Exam 14		23-27 Exam 30
NEBOSH Health & Safety at Work place - Level 2	40	3,900		26.2-1.3 Exam 4.3	25-29 Exam 1.4	8-12 Exam 15	6-10 Exam 13	3-7 Exam 10	8-12 Exam 15	26-30 Exam 2.9	9-13 Exam 16	30.9-4.10 Exam 7	4-8 Exam 11	9-13 Exam 16
NEBOSH International Technical Certificate in Oil and Gas Operational Safety	40	5,800	8-12 Exam 18.1	Fridays 3,4,10,11,17 Exam 18	25-29 Exam 1.3	Fridays 6,7,13,14,20 Exam 21	20-24 Exam 27	Fridays 1,2,8,9,15 Exam 16	8-12 Exam 15	26-30 Exam 2.9	Fridays 7,8,14,15,21 Exam 22		18-22 Exam 25	Fridays 7,8,14,15,21 Exam 22
IOSH Courses														
IOSH Managing Safely	40	3.200	22-25	19-22	11-14		13-17	10-13	15-18		23-26	1 - 4	18-21	
IOSH Supervising Safely	24	2,000	29-30	7-9	20-22	15-17	22-24	17-19	1-3			21-23	11-13	4-6
IOSH Working Safely	8	1,000	29	26	25	29	27	24	29	26	26		25	23
CIEH Courses														
CIEH Training Skills and Practice	24	3,950		26-28			27-29				23-25			
CIEH Food Safety	7	1,000	31	29	29	30	31	28	31	30	30	31	29	31
CIEH Principles of Risk Assessment	8	1,200		6		7		12			4		20	
CIEH Award in Health and Safety in the workplace	8	1,200		9	8			7	19			4		
RRC Short Courses / Workshops														
Key2Safety Level 1	16	2,300		1-2		1-2		24-25				17-18		26-27
Key2Safety Level 2	24	2,800			4-5		2-3		1-2				4-5	
Key2Safety Level 3	32	3,200			28-29		6-7		3-4				6-7	
General H&S Risk Assessment	16	2,400				22-23						11-Oct		
Risk Assessment & Incident Investigation	15	2,250		15-16		22-23			8-9			3-4		
Advanced Risk Assessment	24	3,200			4-6		20-21			28-30			11-13	

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Essentials of Fire Risk Assessment	24	3,200		21-23			22-24				4-6		27-29	
RRC Short Courses / Workshops														
Accident Investigation & Root Cause Analysis	24	3,200			6-8			5-7				16-18		25-27
Safety Practitioner	40	4,500		19-23			20-24			26-30				23-27
Implementation of OHSAS 18001	24	3,200	14-16			15-17					9-11			
Health and Safety Policy & Procedure	24	3,200			11-13				15-17					
Behavior Based Safety	24	3,200			13-15				8-10					4-6
Hazops	24	3,000	3-4			3-5						9-11		4-6
Safety Rigging Practices	15	1,800		22-23			16-17				5-6			30-31
Health & Safety in Construction	10	1,500		28-29			30-31				23-24			
Confined Spaces	8	750		9			10			23			18	
Working at Height	8	750			22				12					6
Office Safety	8	1,000	31				31			26		31		
Safety Report Writing	40	4,500		12-16				10-14			9-13			9-13
Principles of Health & Safety Management	10	1,200		26-27					4-5				7-8	
Ergonomics	8	1,000		16			17					18		
Workplace Biological Hazards	8	1,000			22					30				20
Basic Electrical Safety	15	2,000		20-21			20-21					21-22		
Basic Fire Fighting	7	600	30	29	18	23		3		30	30		12	12
Fire Warden	16	2,100		22-23			27-28			26-27			4-5	
Basic First Aid	10	1,000	29	26	11	15	13	17	15		16	14	18	20
OSHA 30 Hour Training	30	4,000	22-25			15-18			15-18		16-19		4-7	
Introduction to ISO 14001	8	1,000	19		14			4			2			5
Environmental Aspects & Impacts	8	1,000		8			9				3			23
Internal Environmental Auditing	16	2,100		19-20			16-17						11-12	
Environmental Awareness	8	1,000		2		19				26		21		9
New Scaffolders Course	8	1,000		8		14			10		12		11	
Scaffold Inspector	16	2,100	18-19			15-16			1-2		9-10			
Mobile Tower Scaffold	16	2,100			18-19		9-10			26-27		21-22		

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