

RRC Middle East New Products



Contents

Defensive Driving Training

Environmental Aspects & Impacts

Environmental Awareness

Environmental Internal Auditing

Introduction to ISO 14001

NEBOSH Environmental Certificate

OSHA 30 Hour Training

Defensive Driving Training

Duration: 1 day / 8 hours

Fees: BD 70

Course Contents

1. Road Traffic Accidents Statistics
 2. Importance of the Seat Belt
 3. Vehicle Inspection
 4. Following Distance
 5. Blind spot
 6. Driving distractions
 7. Mobile phone
 8. Driving in bad weather with movie
 9. Driving Monitoring
-

Environmental Aspects & Impacts

Duration: 1 day / 8 hours

Fees: BD 120

Course Contents

- Basic Definitions for the key terms of Environment, Aspects, Impacts
 - Environmental Media
 - Atmospheric Emissions
 - Contaminated Land
 - Water Discharge
 - Pollution
 - Environmental Aspects & Impacts
 - Description of various types of Environmental aspects
 - Evaluation of Aspects & Impacts
 - Evaluation of Aspects & Impacts – Significance
 - Evaluation of Aspects & Impacts – Other Considerations
 - Risk Assessment
 - Aspects & Impacts Fitting with the “EMS”
-

Environmental Awareness

Duration: 1 day / 8 hours

Fees: BD 120

Course Contents

- Environmental standard ISO 14001 definition for the Environment
- Importance of the physical Environment
- Global Environmental dilemmas
 - Acid Rain
 - The Greenhouse Effect
 - Ozone Depletion
 - Use of Non Renewable Resources
 - The Rain Forest
- The Man & the Environment
- Definition of the Pollution
- Local & Global Pollution

- Air Pollution
 - Water Pollution
 - Land Pollution
 - Environmental management
 - The benefits of EMS
 - The ISO 14001 Process
-

Environmental Internal Auditing

Duration: 2 days / 16 hours

Fees: BD 350

Course Contents

- The Environment – Definition & Perceptions
 - The Environment – Pollution & Business Impacts
 - Introduction to Environmental Management System “EMS”
 - Environmental Auditing – Definition & Types
 - Definition of Auditing
 - Compliance Audit
 - Due Diligence Audit
 - Supplier Audit
 - Programme Audit
 - Single Issue Audit
 - Risk Definition Audit
 - Environmental Management Audit
 - Environmental Management System Audit, Definition, Objectives, Procedures & Benefits
 - Environmental Auditing – ISO 14000 Guidelines
 - The Audit Team – Characteristics & Skills
 - Audit team leader responsibilities
 - Audit team member responsibilities
 - The Successful Audit
 - Aims & objectives
 - Types of evidence need to be collected
 - The ways of evidence collection
 - Pre audit activities
 - Audit’s opening meetings (purpose & techniques)
 - Interviews & collecting evidence
 - Records keepings
 - Audit’s close – out meeting
 - Evaluation of audit results
 - Contents of the audit report
 - Successful report writing
-

Introduction to ISO 14001

Duration: 1 day / 8 hours

Fees: BD 120

Course Contents

- Introduction to the standard
- Main Requirements of an Environmental Management System “EMS”
 - The EMS implementation loop
 - Elements of EMS

- Understanding the requirements of an environmental policy as specified by ISL 14001
 - Continual improvement and prevention of pollution
 - Compliance with legislation, regulations & other requirements
 - Setting and reviewing objectives and targets
 - Ways of availability to the public
- Good & Bad practices of environmental policy
- Environmental Planning
- Environmental legislation
- Objectives, Targets and Management Programme
- Implementation & Operation
- Checking & Corrective Action

NEBOSH Environmental Certificate

Duration: 5 days / 40 hours

Fees: BD 750

First time in Bahrain

Course Contents

- Unit NEC1 - Management and Control of Environmental Hazards
 - Element 1 - Foundations in Environmental Management
 - Element 2 - Environmental Management Systems
 - Element 3 - Environmental Impact Assessments
 - Element 4 - Control of Emissions to Air
 - Element 5 - Control of Contamination of Water Sources
 - Element 6 - Control of Waste and Land Use
 - Element 7 - Sources of Use of Energy and Energy Efficiency
 - Element 8 - Control of Environmental Noise
 - Element 9 - Planning for and Dealing with Environmental Emergencies
- Unit NEC2 - Practical Application

OSHA 30 Hour Training

Duration: 4 days

Fees: BD 450

Learning Objectives

- Locate OSHA Standards references applicable to specific hazardous conditions and practices.
- Recognize the aspects of 1926 Subpart C.
- Implement preventative measures for accidents in their workplace.
- Describe types of personal protective equipment (PPE), and the requirements for use in OSHA standards.
- Understand the requirements for fire protection in the workplace.
- Identify types of rigging equipment used to protect employees.
- Identify the critical health and safety hazards of welding and cutting in the construction industry.
- Identify common electrical hazards and related OSHA standards.
- Understand the importance of scaffolding for workers in elevated workplaces.
- Implement measures for protecting workers and equipment from dangerous falls.
- Recognize the hazards associated with working in or around excavation sites.
- Understand the safety requirements necessary to protect workers around concrete and masonry jobs.
- Identify the precautions and hazards to protect workers using explosives or blasting agents.
- Protect workers who perform jobs on or around stairways or ladders at worksites.
- List and describe the hazards and prevalence of confined spaces.

Topics Covered

- Introduction
- Module 1: Introduction to OSHA and the OSH Act
- Module 2: Walking and Working Surfaces
- Module 3: Means of Egress and Fire Protection
- Module 4: Hazardous Materials
- Module 5: HAZWOPER
- Module 6: Personal Protective Equipment
- Module 7: Confined Spaces
- Module 8: Lockout/Tagout
- Module 9: Materials Handling
- Module 10: Machinery and Machine Guarding
- Module 11: Welding and Cutting
- Module 12: Electrical Safety
- Module 13: Hazard Communication
- Module 14: Industrial Hygiene
- Module 15: Blood borne Pathogens
- Module 16: Recordkeeping
- Module 17: Workplace Violence
- Module 18: Safety and Health Programs
- Module 19: Basic Safety Orientation
- Module 20: Lead Safety in the Workplace
- Module 21: Use of Explosives in the Workplace
- Module 22: Formaldehyde Awareness
- Module 23: Ionizing and Non-Ionizing Radiation Safety
- Module 24: Hazards of Asbestos in the Workplace
- Module 25: Non-Office Ergonomics